

## The 15<sup>th</sup> Annual Brookfield Family Chiropractic 5K Halloween Run

Date: Sunday, October 29

Time: 5 K Race begins at 10:00 a.m.

Race Day Registration 8:30 to 9:30 a.m.

Place: Brookfield Municipal Center,  
100 Pocono Road

Pre-registration fee: \$15.00

Race Day Registration: \$18.00

Walkers welcome! Race features long-sleeve T's to first 300 registered, prizes to top runners in eight age groups, water station, splits at mile marks, prizes for best costumes, and excellent post race refreshments. New for 2006, we are now USATF certified #CT06013JHP.

### Associate Sponsors:

Citibank

Dr. Claire A. Free, M.D., LLC

Iovino Brothers Screenprinting and Promotion

98Q

Poland Spring

Rub-A-Dub Car Spa

The Brookfield Journal



## 11<sup>th</sup> Annual Kids K Fun Run

Date: Sunday, October 29

Time: Kids K begins at 9:30 a.m. SHARP!

Place: Brookfield Municipal Center,  
100 Pocono Road

Pre-registration Fee: \$10.00 (Includes prize and t-shirt)

### **No Race Day Registrations for KIDS K!**

Kids K Age Groups: 5 and Under, 6 - 8, 9 - 12

Please visit our website

[www.brookfield.org/halloweenrun.htm](http://www.brookfield.org/halloweenrun.htm)  
to download a registration form.



## Special Events

### **"Drive In" Movie – "The Wild"**

We're going to be reliving all of the excitement of the Danbury Drive In right here in Brookfield. Join us on Saturday, September 16 for a showing of Walt Disney's "The Wild". Bring your friends and family, along with blankets, chairs, and snacks. The show starts at dusk at Town Hall, and will be shown on a 10 x 10 foot video screen. Seating will be on the lawn in front of the bandstand. There is no charge for this event.

Day: Saturday

Date: September 16

Time: Starts at dusk

Fee: Free

### **Annual Scarecrow Decorating Day**



If you've ever seen people driving around Town with scarecrows sticking out of their sunroofs or from their trunks, they were probably on their way home from this popular event! Join us on Saturday, September 30 at 2:00 p.m. in front of the Brookfield Municipal Center, 100 Pocono

Road. Please bring along old clothes (shirt and pants), string, scissors, a brown bag or sack for the head and whatever accessories you would like to decorate with. We'll supply the directions, hay, and stakes. And best of all, it's free! Don't forget to pre-register with the Parks & Rec. Office by calling 775-7310 if you are planning on attending. The rain date for this event is Sunday, October 1.

### **7<sup>th</sup> Annual Trick or Treat at Town Hall**

Parents and children (infants through grade 1) are invited to "trick or treat" at Town Hall this year on Halloween, Tuesday, October 31 between 2:00 – 4:00 p.m. Older siblings are also welcome. Office doors will be decorated, and we will be passing out lots of candy! Please be sure to dress in costume and to bring your own candy bag to hold all of your treasures. There is no charge for this event. However, we are asking that each child bring either a non-perishable, "kid-friendly" food item such as peanut butter, jelly, macaroni & cheese or canned spaghetti or ravioli for the food pantry or a monetary donation for the Brookfield Emergency Fund. The Emergency Fund is a non-tax dollar supported fund, which aids Brookfield families in crisis. The collection box for any items will be at the Social Services Office, which is located directly in front of the main doors of Town Hall. Pre-registration is required by October 30 by calling Parks & Rec. at 775-7310.

### **Haunted House Workshop**



Children age 3 – kindergarten and in grades 1 - 4 will decorate their own haunted houses using frosting, candy, and more. Wear a smock or old clothes, and be prepared for a finger-licking good time! Please bring an empty, rinsed ½ gallon cardboard milk or juice container with you. Instructor: Cathy Westervelt

Day: Saturday

Place: Community Center

Time: Tots: 12:00 - 1:00 p.m.

Grades 1-4: 1:30 - 2:30 p.m.

Date: 10/28

Fee: \$12.00

**Thanksgiving Turkey Workshop**

Children ages 3 – kindergarten and in grades 1 - 4 will create a turkey centerpiece for their table. Please wear a smock or old clothes.

Day: Saturday Date: 11/18  
 Place: Community Center Fee: \$12.00  
 Time: Tots: 12:30 - 1:30 p.m.  
 Grades 1-4: 2:00 - 3:15 p.m.  
 Instructor: Cathy Westervelt

**Christmas Ornaments Workshop**

Children in grades 1 - 4 and 5 - 8 will make a variety of Christmas ornaments.

Day: Saturday Date: 12/16  
 Place: Community Center Fee: \$12.00  
 Time: Grades 1- 4: 2:00 - 3:15 p.m.  
 Grades 5 - 8: 3:30 - 4:45 p.m.  
 Instructor: Cathy Westervelt

**Tots Holiday Workshop**

Children ages 3 - 5 will create a holiday masterpiece using a variety of materials. Parents are encouraged to stay.

Day: Saturday Date: 12/16  
 Time: 12:30 - 1:30 p.m. Place: Community Center  
 Fee: \$12.00 Instructor: Cathy Westervelt

**Magic Workshops**

Calling all future Harry Houdini's and David Copperfield's! Students ages 5- 12 will learn five magic tricks from a full-time professional magician, and will receive their own magic kits containing the props necessary to

perform them at home. All new magicians will also receive their own magic wand, as well as a certificate of completion. Each workshop includes different magic tricks, so students may enroll in all three.

Instructor: Tom O'Brien Fee: \$15.00 each

Abacadabra - Magic Workshop 1:

Tuesday 10/17, 3:50 – 4:50 p.m. HHES Music Rm.

Hocus Pocus – Magic Workshop 2:

Tuesday 11/14, 3:50 – 4:50 p.m., HHES Music Rm.

Presto – Magic Workshop 3:

Tuesday 12/12, 3:50 – 4:50 p.m. HHES Music Rm.

**Letters to Santa**

Receive a genuine letter from Santa Claus himself! Drop your child's personal letter in the North Pole Mailbox in the Parks & Recreation Office, or mail it to Santa, Attn:

Parks & Recreation Department at P.O. Box 5106. Your child's letter must include a self addressed stamped envelope. Santa himself will mail a personalized letter back in time for Christmas. In order for a timely response, letters will be accepted December 1 – 15.

**Deck the Halls With Boughs of Holly!**

You won't believe the beautiful decorations you can create in one afternoon! Welcome the holidays by creating a live green wreath to adorn your front door, a boxwood tree for your table, and a centerpiece using candles, greens, and fresh flowers for your dining room table. In this workshop the instructors will demonstrate and work with participants as they complete the projects, no previous experience is necessary. All materials for projects are included. Please bring along gardening gloves and cutting shears. Registration is limited.

Day: Saturday Time: 12:00 - 4:00 p.m.  
 Date: 12/2 Place: Community Center  
 Fee: \$68.00 Instructors: Brookfield Garden Club

**4th Annual Dinner With Santa**

Friday, December 8. Sponsored by the Recreation Enhancement Council, 5:00 – 8:00 p.m. in the Center School Cafeteria and Gym. Features dinner, games, crafts, raffles and more! All proceeds to benefit REC. Watch for a flyer with more details being sent through the schools in November.

**3rd Annual Recreation Enhancement Council Dinner Dance**

*Featuring live music from Brookfield's*

*own Bock & Blu.* Enjoy an open bar complete with your favorite beer, wine and liquor, a delicious sit down dinner served "French style" (all tables are served at the same time), dancing to the music of Bock and Blu and a chance to win some fabulous door prizes. While having a great time, you'll also be helping the Recreation Enhancement Council raise much-needed funds. All proceeds will benefit the current bike path project as well as future projects designed to increase the recreational opportunities in Brookfield. This year you can leave your wallet at home! There will be no auction; your contribution is built right into the ticket price. For dinner choices and reservations call the Parks & Recreation Office at 203-775-7310.

Date: Friday, March 2, 2007 Time: 7:30 - 11:30 p.m.  
 Place: Fox Hill Inn, Brookfield Fee: \$100 per person

**3rd Annual Bock and Blu Christmas Concert**

Friday, December 15, 7:00 – 8:30 p.m. in the Brookfield High School Auditorium. Join Bock and Blu and special guests at this concert sure to get you into the Christmas spirit. All profits benefit the Music Department of the Brookfield

Public Schools. The cost is \$10 for adults, \$5.00 for students and children. You may pre-register and pay through the Parks & Recreation Department for preferred seating, or pay at the door for general admission seating. A representative from Operation E.L.F. will be on hand to collect new unwrapped toys.

## Get Out of Town

### New ~ Berkshire Railroad, The Foliage Express



All aboard a restored vintage railway coach for a nostalgic, hour-long, narrated ride through the scenic Berkshire Hills, along the Housatonic River from Lenox to Stockbridge. We'll visit Lenox Station Museum with its model railroads, railroad memorabilia and

nostalgic gift shoppe. Enjoy a delicious lunch at Lenox 218 Restaurant. (Menu includes; garden salad, bread basket, choice of broiled scrod or chicken parmigiana, potato, veggie, dessert and beverage.) Leave from Brookfield Town Hall at 8:30 a.m., return to Brookfield at 6:30 p.m.

Day: Saturday

Date: 10/7

Time: 8:30 a.m. departure

Fee: \$66.00

### New ~ 9<sup>th</sup> Annual Chocolate Show

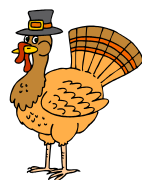
Chocolate and shopping, does it get any better? The country's largest chocolate festival is held in the Metropolitan Pavilion & Altman Building right in New York City. Join us along with hundreds of other chocolate lovers as we converge to discover and indulge in all there is to know about chocolate! The Chocolate Show features over 80 vendors with holiday gifts, demonstrations by top pastry chefs, chocolate samples, chocolate activities for adults & children, a Barnes & Noble cookbook store with book signing, and a Chocolate Lounge & Café. You'll also have plenty of time for shopping and a non-chocolate based meal (or glass of milk) in Times Square. Leave from Brookfield Town Hall at 8:00 a.m., return to Brookfield at 6:00 p.m.

Day: Saturday

Date: 11/11

Time: 8:30 a.m. departure

Fee: \$65.00



### Macy's Thanksgiving Day Parade

Join us on our tenth annual *pilgrimage*, enjoying all of the fun with none of the hassle!

Leave from Town Hall at 6:30 a.m., travel by coach bus to witness this NYC tradition, and still be home by approximately 1:30 p.m. to watch football and eat dinner.

Register before all the seats are *gobbled* up!

Day: Thursday

Date: 11/23

Time: 6:30 a.m.

Fee: \$29.00

### Radio City Christmas Spectacular

Don't let the price fool you, we were able to purchase half-price orchestra/first mezzanine tickets and pass the savings on to you. We'll be leaving from Brookfield Town Hall at 8:15 a.m. for an 11:00 a.m. matinee performance. There will be plenty of time after the show for shopping, sightseeing, and lunch/dinner, leaving NYC at 5:00 p.m. Fee includes ticket and coach bus transportation. Please register early to avoid disappointment.

Day: Monday

Date: 12/11

Time: 8:15 a.m.

Fee: \$71.00

## Get Out of Town, continued



### "WICKED"

We don't usually go to the same Broadway show twice, but the group who went with us in March loved it so much, we've purchased another busload of tickets! Join us for this Tony Award Winning Musical based on The Wizard of Oz. "Long before Dorothy drops in,

two girls meet in the land of Oz. One, born with emerald-green skin, is smart, fiery and misunderstood. The other is beautiful, ambitious and very popular. *Wicked* tells the story of how these two unlikely friends grew to become the Wicked Witch of the West and Glinda the Good Witch." We'll be leaving from Brookfield Town Hall at 10:00 a.m. You'll have plenty of time for lunch on your own before we attend the 3:00 p.m. matinee show. Leave NYC at approximately 6:00 p.m. Seats are in the orchestra section and are expected to sell out fast! Please note that because we need to pre-pay for tickets, refunds will only be given if we can find someone to take your place.

Day: Sunday

Date: 9/24/06

Time: 10:00 a.m. departure

Fee: \$154.00

### New~ Jersey Boys

This new musical has soared to the top of the charts with critics and audiences alike, winning the award for Best Musical at the 2006 Tonys! The story takes you behind the music of Frankie Valli & The Four Seasons, following the rags-to-rock-to-riches tale of four blue-collar kids working their way from the streets of Newark to the heights of stardom and features such hits as "Sherry," "Big Girls Don't Cry," "Can Take My Eyes Off You," "Oh, What a Night" and more. We'll be leaving Brookfield Town Hall at 10:00 a.m. and you will have plenty of time for lunch on your own before the 3:00 p.m. matinee show. Leave NYC at approximately 6:00 p.m. Seats are in the rear mezzanine and are expected to sell out fast! Please note that because we need to pre-pay for tickets, refunds will only be given if we can find someone to take your place.

Day: Sunday

Date: 3/25/07

Time: 10:00 a.m. departure

Fee: \$139.00

## Outdoor Adventure Sports



### Beginning Caving

Adults and children ages 9 and up will join the exploration of the mysterious passages in Tory's Cave in

Gaylordsville, CT. We invite you to take

a close look at the unique environment of a limestone cave. You'll climb, crawl, and slide beneath the surface among stalagmites, stalactites, limestone waterfalls, a disappearing stream and other surprises in the company of a small group. The program covers safety issues, cave facts and fiction. Helmets are provided. You must bring your own flashlight. Fee is \$30.00 per person, per day.

**Family Adventure – Ages 9+ - 10:00 a.m. – 12:00 p.m.**

**Caving for Adults – 1:00 – 3:00 p.m.**

Session 1: Sunday, 9/17

Session 2: Saturday, 10/21



## Outdoor Adventure Sports, continued

### Beginning Rock Climbing



A fun and exhilarating introduction to climbing in a relaxed, friendly environment. Program includes all equipment and instruction, featuring easy to challenging routes to climb. Students ages 8 and up, joined by adults, have the opportunity to participate as part of the Family Adventure, giving them an

opportunity to climb, as well as learn the belay skills necessary to keep climbers safe while on the rocks. Older students have the opportunity to belay adults who wish to try a few climbs. Back up safety measures are provided. Meet at St. John's Ledges in Kent. Fee is \$55.00 per person, per session.

#### **Climbing for Adults – 10:00 a.m. – 2:00 p.m.**

Session 1: Saturday, October 7 (adults only)

#### **Family Adventure– Ages 8 and up–10:00 a.m. – 2:00 p.m.**

Session 3: Saturday, September 23 (youth/family only)

Session 4: Sunday, October 8 (youth/family only)



### Kayak Workshop

For adults and children ages 12 and up, this program features a fun, three-hour basic skills and safety lesson to help

keep you high and dry while learning how to paddle. These programs are held in the "flat" water of Lake Lillinonah in Bridgewater/Brookfield.

#### **Family Kayak beginner lesson (ages 12+)**

Time: 2:00 - 5:00 p.m. Fee: \$55.00 per person/day

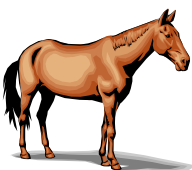
Session 1: Saturday, September 16

#### **Adult Kayak beginner lesson**

Time: 10:00 a.m.– 1:00 p.m. Fee: \$55.00 per person/day

Session 1: Saturday, September 16

Additional dates and programs may be available. For more detailed descriptions, of the kayaking and rock climbing programs, please contact Small World Adventures at 860 350-6752 or [swaintl@aol.com](mailto:swaintl@aol.com), or visit their website at [www.smallworldadventures.org](http://www.smallworldadventures.org)



### Horseback Riding Lessons

This 6-week course offers basic horse care, grooming, tacking up, and riding skills from beginner to advanced. In case of inclement weather, lessons will be held in an indoor ring. Register with the Parks &

Recreation Office, and Brushy Hill Farm will contact you directly to set up a mutually convenient lesson time. Lessons begin the week of September 25 (or at your convenience) and will last for six weeks, one hour each week. Brushy Hill Farm is located in Southbury, just 13 minutes from the flagpole in Newtown. Directions are available at the Parks & Recreation Office. Long pants and shoes with heel are recommended. Hard hats will be provided. Fee: \$260.00

## Adult Education - Computers

### W.E.R.A.C.E. - Western Connecticut Regional Adult and Continuing Education Danbury Community Resource Center 797-4731 Mandated Programs

Classes in Basic Reading, Basic Math, and Basic Writing; English for Speakers of Other Languages (ESL), Citizenship, GED (General Educational Development), and CDP (Adult High School Credit Diploma Program)



### Basic Computing

This course is designed for individuals with no computer skills who wish to learn the basics of the windows operating system and the use of a word processor, spreadsheet, and database. MS Works will be used in the course to teach word processing, spreadsheets and database use.

Day: Monday Time: 6:30 – 8:00 p.m.

Dates: 10/16 – 11/20 (6 wks) Fee: \$185.00

Place: Computertalk, 475 Federal Road, Unit B

### Microsoft Word 2000 Level 1

Learn the basic skills needed to use this program. Copy, Cut, Paste, Save, Insert, Tables, and more will be covered.

Day: Monday Time: 6:30 – 8:00 p.m.

Dates: 9/11 – 9/18 (2 wks) Fee: \$65.00

Place: Computertalk, 475 Federal Road, Unit B



### Microsoft Word 2000 Level 2

Learn how to prepare more complex documents. We will create a newsletter and in the process learn how to create headers and footers, import graphics and pre created text, create and format tables and more. A working

knowledge of MS Word is required. A course manual and disk are included.

Day: Monday Time: 6:30 - 8:00 p.m.

Dates: 9/25 – 10/9 (3 wks) Fee: \$135.00

Place: Computertalk, 475 Federal Road, Unit B

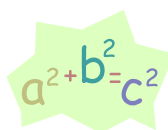
### Microsoft Excel 2000– Level 1

This class is designed for individuals who have little or no experience in using a spreadsheet. Class will teach use of simple formulas, charting, fill commands, nomenclature and more.

Day: Tuesday Time: 6:30 - 8:00 p.m.

Dates: 9/12 – 9/19 (2 wks) Fee: \$65.00

Place: Computertalk, 475 Federal Road, Unit B



### Microsoft Excel 2000 – Level 2

Working with a fictitious company, students will learn how to work with databases and lists, use logical, financial and date functions, format worksheets, insert, move and modify

objects, link worksheets with 3-D references, use excel on the web, and use and customize templates. A course manual and disk are included.

Day: Tuesday Time: 6:30 - 8:00 p.m.

Dates: 9/26 – 10/10 (3 wks) Fee: \$135.00

Place: Computertalk, 475 Federal Road, Unit B

**Microsoft Excel 2000 – Level 3**

Participants will master the following skills in this course: working with records and ranges; sorting, outlining and filtering lists; importing and exporting data; using pivot tables and pivot charts; using data analysis tools; protecting and sharing workbooks; managing workbooks with comments; data validation; and merging/linking workbooks. A course manual and disk are included.

Day: Tuesday Time: 6:30 - 8:00 p.m.  
 Dates: 10/17 – 10/31(3 wks) Fee: \$135.00  
 Place: Computertalk, 475 Federal Road, Unit B

**Microsoft Access 2000 – Level 1**

This course will center on learning the basic features of Access. We will create a database complete with tables, forms, queries, and reports. We will also use features such as wizards and design view to help us create different database objects. Course manual and disk provided.

Day: Wednesday Time: 6:30 - 8:00 p.m.  
 Dates: 9/13 – 9/27 (3 wks) Fee: \$135.00  
 Place: Computer Talk, 475 Federal Road, Unit B

**Microsoft Access 2000– Level 2**

For those who want to learn to create more complicated databases, the following topics will be covered: modifying tables in design

view, using multiple data types, using the office clipboard, binding data and controls, creating multiple table queries, creating calculated fields, adding controls to forms and reports, creating web documents, using hyperlinks, backing up a database, printing database objects. Course manual and disk provided.

Day: Wednesday Time: 6:30 - 8:00 p.m.  
 Dates: 10/4 – 10/18 (3 wks) Fee: \$135.00  
 Place: Computer Talk, 475 Federal Road, Unit B

**Microsoft PowerPoint 2000 Level 1**

The objective of this course is to teach you how to create a professionally designed presentation. You will learn a variety of skills that include the following: Use of the auto Content Wizard, creating a presentation from scratch, working in normal, slide sorter, and outline view, inserting specific slide types, modifying the sequence of slides, promoting and demoting text, adding speaker notes, formatting text, using master slides, using headers and footers, using bullets and more. Course manual and disk provided.

Day: Thursday Time: 6:30 - 8:00 p.m.  
 Dates: 9/14 – 9/28 (3 wks) Fee: \$135.00  
 Place: Computer Talk, 475 Federal Road, Unit B

**Microsoft PowerPoint 2000 Level 2**

PowerPoint Level 2 will continue the objective of teaching you how to create a professionally designed presentation. You will learn a variety of skills that include the following: Creating presentations from a template, creating new presentations using existing slides, modifying slide masters, adding graphical bullets, changing the layout for one or more slides, importing text from Word, creating text boxes, using format painter, adding and grouping shapes with Word Art, rotating and filling objects, animating text and objects, adding speaker notes, printing audience handouts, inserting hyperlinks, and publishing presentations on the web. Course manual and disk provided.

Day: Thursday Time: 6:30 - 8:00 p.m.  
 Dates: 10/5 – 10/19 (3 wks) Fee: \$135.00  
 Place: Computer Talk, 475 Federal Road, Unit B

**Digital and Film Photography**

In just four weeks this class will have you using your camera like a pro. You'll learn what all those camera buttons and

hidden menus do. Technical terms like white balance, compression and resolution will be explained, but we'll also spend time on esthetic issues. Weekly assignments will encourage you to practice and to develop your artistic sense. Bring your camera manual as well as your camera, charge up those batteries and let's have some fun.

Day: Thursday Time: 7:00 - 9:00 p.m.  
 Dates: 9/28 – 10/19 (4 wks) Fee: \$70.00  
 Instructor: MaryAnn Kulla Place: BHS

**Photoshop Element Basics**

If you would like to enhance your photos or artwork, this class will get you started on the right track. It will introduce you to the basics of Photoshop Elements. We'll learn what the tools and palettes do; how to adjust color, change the size of an image, make selections and manipulate them. Computer familiarity is required because this will be a hands-on class. Questions and experimentation will be encouraged. Please come to class with the book Photoshop Elements 2 by Mike Wooldridge from the "Teach Yourself Visually" series. (You can find these on Amazon for as little as \$.50.)

Day: Thursday Dates: 10/26 – 11/16 (4 wks)  
 Time: 7:00 - 9:00 p.m. Instructor: MaryAnn Kulla  
 Place: BHS Computer Lab Fee: \$70.00

**New~ Create your own Financial Plan**

If you want to develop your own financial plan, this may be just the course for you. You will develop a budget and categorize your assets. You will develop an investment plan, determine appropriate insurance needs, consider tax implications, develop a retirement plan and understand how to develop an estate plan. There will be considerable "homework" required. You will learn "how to" in class but will actually develop the plan on your own time. Our instructor, Irv Agard, is a Certified Financial Planner.

Day: Wednesday Time: 7:00 – 8:00 p.m.  
 Dates: 10/11, 11/8, 11/15, 11/29 Fee: \$32.00  
 Place: Community Center Craft Rm  
 Instructor: Irv Agard

## Creative Writing

Through a variety of creative exercises, participants will explore the craft of creating a story with memorable characters, vivid scenes and genuine dialogue. The works of great

authors will be discussed, as well as an opportunity to hear each other's work in a supportive atmosphere. This course is open to writers of all levels.

Day: Tuesday Time: 7:30 - 8:30 p.m.

Dates: 9/26 - 12/5 (8 wks)-no class 10/10,10/31,11/7

Fee: \$56.00 Instructor: Beth Greismer

Place: Town Hall Meeting Room

## Life Stories

This class will give a step-by-step approach to writing an entertaining account of one's life. It may be used to write a personal history to be handed down to family or help gain perspective in your life. The course could also be useful for writing down the memories and stories of others. With a variety of fun and creative activities, you will be on your way to creating a binder with recollections, letters and photos.

Day: Tuesday Time: 6:30 - 7:30 p.m.

Dates: 9/26 - 11/21 (6 wks)-no class 10/10, 10/31, 11/7

Fee: \$42.00 Instructor: Beth Greismer

Place: Town Hall Meeting Room

## Beyond Beginners Bridge

For beginners who have previously played bridge. We will review opening bids and responses and study jump responses, rebids, reverses, slam bidding and play of the hand.

Much of the time in class will be spent practicing new skills.

Day: Monday Time: 7:00 - 8:30 p.m.

Dates: 11/6 - 12/11(6 wks) Fee: \$48.00

Instructor: Irv Agard

Place: Community Center Craft Rm

## Relationship & Memory: Healing Guided Meditation Workshop

Experience this guided meditation processes that can change your life. You'll learn how to heal negative memories, and take this process into your everyday experiences to continually heal negative relationships within you.

Day: Wednesday Date: 10/18

Time: 7:00 - 9:00 p.m. Fee: \$30.00

Instructor: Jane Russo, Certified Reiki Master and Teacher

Place: HACCT, 777 Federal Road

## Feng Shui: from Intention to Manifestation

In a fundamental approach, feng shui is about placing furniture, and perhaps enhancing space with objects that move energy. This class takes a deeper look into, and an experience of, how to use pure intention to alter not only your mood or consciousness, but the very fabric of your life. Elspeth Anne Beier is a

seasoned professional with over 30 years of expertise in both teaching and practice.

Day: Tuesday Dates: 10/3 - 10/10 (2 wks)

Time: 7:00 - 9:00 p.m. Fee: \$90.00

Instructor: Elspeth Anne Beier, Feng Shui Consultant

Place: HACCT, 777 Federal Road

## New~Commitment: Where Has It Gone?

What is commitment in any venture – a relationship, work, a cause, self-love, our spiritual journey? Commitment choices arise every day. We make many small and significant decisions about our actions based on our level of commitment. What is the effect on our venture when we are fully committed? And what is the effect when, consciously or unconsciously, we are only partially committed? Come explore the nature of commitment ... Let it help you choose how to commit yourself and your resources as you approach and go through the holidays, when people are pulled out of themselves in so many directions. Please give us your email when registering. Judith will contact you before the workshop with directions and instructions. CEU credit is available for LPC's and NCC's. Registrations will only be accepted through 10/27. Please consider your registration carefully, as refunds will not be given for this program.

Day: Saturday Date: 11/11

Time: 2:30 - 5:30 p.m. Fee: \$75.00

Instructor: Judith Barr, Mysteries of Life

## Healing Our Relationship with Money



Your unconscious relationship with money is complex, fascinating and reveals profound clues for healing your psyche, your soul, and your financial life. Judith offers a glimpse of

your inner relationship with money – the wounds, the strengths, the hidden decisions, your deepest feelings – and the effect on your outer relationship with money. Please give us your email when registering. Judith will contact you before the workshop with directions and instructions. CEU credit is available for LPC's and NCC's. Registrations will only be accepted through 10/27. Please consider your registration carefully, as refunds will not be given for this program.

Day: Saturday Date: 11/11

Time: 9:30 a.m. - 12:30 p.m. Fee: \$75.00

Instructor: Judith Barr, Mysteries of Life

## Hypnosis for Weight Mastery & Optimal Health



Have you tried every diet possible with limited or no success? Are you constantly on the roller coaster of conflicting information, none of which seems to do the trick? If so, you're not alone!

Come learn specific powerful techniques that will jump-start your healthy successes and set you firmly on the road to a healthy and balanced lifestyle!

Day: Thursday Date: 10/5

Time: 7:00 - 9:30 p.m. Fee: \$45.00

Instructor: Sharona Fein, Certified Hypnotherapist and Holistic Wellness Counselor

Place: HACCT, 777 Federal Road



*We are always looking for new class ideas! If you have an area of expertise that you would be willing to share with others, please download a "class proposal form" from our website. Days and times of classes are flexible, and previous teaching experience is not always necessary. Class proposals should be received by 11/1/06 to be considered for the winter program guide.*



## An Introduction to Active Dreaming



Where do we go every night? Why? Is it really "Just a Dream?" Active Dreaming is a method of dream sharing developed by Robert Moss, noted author and lifelong Dreamer. It is a synthesis of modern

dreamwork and ancient shamanic practices which views dreams as experiences of the soul. As part of this lively evening, we will learn the core technique of Active Dreaming - the Lightning Dreamwork process. This is a quick, fun and respectful way to share dreams, receive non-intrusive feedback, and move toward creative action to honor our dreams and bring their magic into the world. We'll learn how to use dreams to develop our intuition and creativity, and how to bring healing energy from the dreamworld into our daily lives.

Day: Tuesday Date: 9/26  
Time: 7:00 – 9:00 p.m. Fee: \$35.00

Instructor: Donna Katsuranis, Certified Dream Teacher and Lifelong Dreamer

Place: HACCT, 777 Federal Road

## Eliminating the Root Cause of Disease and Suffering: the Healing Codes

The true cause of 95% of all physical and emotional disease states lies beyond symptoms, is deeper than stress or energy, and up to now has been difficult to access and even harder to clear. The recently discovered Healing Codes, however, allow anyone to remove it easily and surprisingly quickly. And their efficacy has been scientifically validated. Come learn how the Healing Codes work and what they can do for you. Bonus: You will be taught the 1-Minute Stress Relief technique.

Day: Saturday Date: 10/14, 11/11 or 12/9  
Time: 11:00 a.m. – 12:30 p.m. Fee: \$25.00/day

Instructor: Ellen Kratka, Life Coach

Place: HACCT, 777 Federal Road



## New ~ Family Full of Fussy Eaters?

Don't give up! Learn about healthier foods even you and your family will like.

Discover ways to work with your fussy eaters and improve your family's health through delicious and nutritious food choices. Find out what foods to avoid and other foods that should be included in your menu planning. Learn how to add great tasting new ingredients and how to diversify your family's diet. *SAMPLING and RECIPES will be provided during class.*

Day: Wednesday Time: 7:00 – 8:30 p.m.  
Date: 10/18 Fee: \$25.00  
Instructor: Hillary Stern Place: Town Hall Mtng. Rm.



## Community First Aid & Safety

Instruction in Adult, Infant, and Child CPR and basic first aid in this three-night course.

Certification in Red Cross CPR and First

Aid upon successful completion of course and tests.

Fee includes cost of textbook.

Day: Tuesday Time: 6:30 – 9:30 p.m.  
Dates: 11/7 – 11/21(3 wks) Fee: \$80.00  
Place: Town Hall Instructor: Debbie Zilinek

## CPR Recertification

Recertification for people whose certification in Adult, Infant or Child CPR is expiring. You must be prepared to take a test & perform the skills. No review offered.

Day: Tuesday Time: 7:30 – 9:30 p.m.  
Date: 11/28 Fee: \$25.00  
Place: Town Hall Instructor: Mary Skelly

## Decorative Arts



## New~ Designer's Choice

Prepare a floral arrangement for your home for the fall season or an upcoming Halloween party. You'll have lots of choices and pumpkin surprises! This class is instructed by a professional floral designer.

Please bring hand clippers or a sharp knife to cut the flowers. No experience is necessary!

Day: Thursday Time: 7:00 – 9:00 p.m.  
Date: 10/26 Place: Community Center-Craft Rm.  
Fee: \$39.00 Instructor: Shannon Schnuerer

## Thanksgiving Floral Centerpieces

Create a dazzling centerpiece to grace your table or as a gift for your host or hostess. This class is instructed by a professional floral designer. Please bring hand clippers or a sharp knife to cut the flowers. No experience is necessary!

Day: Monday Time: 7:00 – 9:00 p.m.  
Date: 11/20 Place: Town Hall Room 119  
Fee: \$39.00 Instructor: Shannon Schnuerer

## Deck the Halls With Boughs of Holly!



You won't believe the beautiful decorations you can create in one afternoon! Welcome the holidays by creating a live green wreath to adorn your front door, a boxwood tree for your

table, and a centerpiece using candles, greens, and fresh flowers for your dining room table. In this workshop the instructors will demonstrate and work with participants as they complete the projects, no previous experience is necessary. All materials for projects are included. Please bring along gardening gloves and cutting shears. Registration is limited.

Day: Saturday Time: 12:00 – 4:00 p.m.  
Date: 12/2 Place: Community Center  
Fee: \$68.00 Instructors: Brookfield Garden Club

## Adult Fitness - Aerobics

### Forever Young

The fitness solution for beginners that is gentle on the joints while improving a sense of well being. Functionally designed so strength, stamina, and flexibility for everyday activities are enhanced. This class is great for seniors!

Day: Monday Time: 4:30 – 5:30pm

Dates: 9/25 – 12/18 (13 wks) Fee: \$143.00

Instructor: Loreto McGough

Place: The Body Shop Fitness Club, 14 Delmar Drive



### New ~ Cardio & Core

This heart thumping class includes many cardiovascular training activities. The class will conclude with 15 minutes of stretching and strengthening your core, including your abs, back, obliques, inner thighs and glutes.

Session 1: Tuesday, 9:00- 10:00 a.m. 9/26 – 12/19 (13 wks)

Session 2: Thursday, 9:00–10:00 a.m. 9/28 – 12/21 (12 wks)

Instructor: Sarah Bednar

Fee: \$143.00/session 1, \$132.00/session 2

Place: The Body Shop Fitness Club, 14 Delmar Drive

### Strength and Motion

Gain strength, flexibility, balance and a sense of well-being. A low impact aerobics class followed by strength, stretch and relaxation. This class offers fitness for all. Beginners are welcome!

Day: Wednesday Time: 5:30 - 6:30 p.m.

Dates: 9/27 – 12/20 (13 wks) Fee: \$143.00

Instructor: Ann Fries

Place: The Body Shop Fitness Club, 14 Delmar Drive

### Kick, Punch and Tone

A combination of boxing, aerobics and toning for an overall workout.

Day: Friday Time: 6:00 – 7:00 p.m.

Dates: 9/29 – 12/22 (13 wks) Fee: \$143.00

Instructor: Loreto McGough

Place: The Body Shop Fitness Club, 14 Delmar Drive



### Body Sculpting

A non-aerobic conditioning class designed to strengthen and tone all the major muscle groups. Body bars, free weights and bands are used. Great for all levels of fitness

Day: Wednesday Time: 9:00 -10:00 a.m.

Dates: 9/27 – 12/20 (13 wks) Fee: \$143.00

Instructor: Dolores Tirri

Place: The Body Shop Fitness Club, 14 Delmar Drive

### Morning Movement

Start the weekend off right with a total body workout alternating strength training and low impact kickboxing. Focus will be on form, endurance and strength. A great workout for all levels.

Day: Saturday Time: 9:15 – 10:45 a.m.

Dates: 9/30 – 12/23 (13 wks) Fee: \$215.00

Instructor: Donna Pace

Place: The Body Shop Fitness Club, 14 Delmar Drive

## Adult Fitness – Aerobics, Pilates, Yoga



### Movin' & Grovin'

A perfect balance for all. A customized class, which mixes high-impact and low-impact aerobics designed to burn body fat. Beginners are welcome.

Day: Friday

Time: 9:00-10:00 a.m.

Dates: 9/29 – 12/22 (13 wks) Fee: \$143.00

Place: Body Shop Fitness Club Instructor: Terri Richman

### Ab Express

Works your core muscles; upper, lower, middle abdominals, while strengthening your back muscles at the same time.

Small ball and large ball will be incorporated for best results.

Day: Thursday

Time: 7:10 – 7:40 p.m.

Dates: 9/28 – 12/21(12 wks)-no 11/23 Fee: \$99.00

Instructor: Loreto McGough

Place: Body Shop Fitness Club

### New~ Hot Latin Cardio

This class mixes traditional Latin dance moves with funky, multi-impact choreography. Hot! Hot! Hot! Get ready to samba, meringue and salsa your way to an excellent workout. Learn basic dance steps as you exercise. No experience necessary. You'll be drenched in rhythm and sweat by the end of the class, and burn up to 500 calories!

Day: Thursday

Time: 6:00 – 7:00 p.m.

Dates: 9/28 – 12/21 (12 wks)-no 11/23 Fee: \$132.00

Instructor: Lynda Muir

Place: The Body Shop Fitness Club, 14 Delmar Drive



### New ~ Interval Training

This class is infused with variety and fun. It combines segments of cardiovascular conditioning with bursts of strength training.

Day: Tuesday

Time: 5:30 – 6:30 p.m.

Dates: 9/26 – 12/19 (13 wks)

Fee: \$143.00

Instructor: Dolores Tirri

Place: The Body Shop Fitness Club, 14 Delmar Drive

### Beginning Yoga

For beginners and experienced students who enjoy the relaxing stretching of simple yoga poses while learning to incorporate various breathing techniques. The approach is both gentle and deep, nurturing and strengthening.

Day: Wednesday

Time: 4:30 - 5:30 p.m.

Dates: 9/27 – 12/20 (13 wks)

Fee: \$143.00

Instructor: Loreto McGough

Place: The Body Shop Fitness Club

### Pilates with a Yoga Blend



A hybrid of yoga and Pilates to give you the best of both techniques. It is gentle, yet effective. Great for everyone, but it is particularly good for those with back pain.

Session 1: Monday, 9:30 - 10:30 a.m.

Dates: 9/25 – 12/18 (13 wks) Fee: \$143.00

Place: The Body Shop Fitness Club, 14 Delmar Drive

Instructor: Loreto McGough

Session 2: Wednesday, 6:30 - 7:30 p.m.

Dates: 9/27 – 12/20 (13 wks) Fee: \$143.00

Place: The Body Shop Fitness Club, 14 Delmar Drive

Instructor: Loreto McGough



## Adult Fitness – Yoga and Pilates



### Intro to Yoga with Gloria

If you've never tried yoga, or would like a refresher on the basics, this is the class for you! Kripalu Certified Yoga instructor, Gloria Owens, makes learning yoga safe, fun and

accessible in this class geared especially for beginners. Gloria teaches the fundamentals of breathing and alignment in basic yoga poses, gently guiding each student to access their inner grace, strength, balance and wisdom. The class concludes with a guided relaxation/meditation to leave you feeling restored, refreshed and ready to face the world.

Day: Monday Time: 7:30 - 9:00 p.m.

Dates: 9/25 – 12/18 (12 wks)-no class 10/9

Fee: \$ 144.00 Place: YogaSpace, 777 Federal Rd

### Sivananda Yoga with Miriam

Study one of the most traditional styles of yoga with one of the area's most inspiring teachers! Miriam's accessible and engaging classes combine hatha yoga poses, pranayam (breathing techniques), meditation and chanting for a complete yogic experience. Recharge, relax and restore your sense of connection with yourself. This evening class is a perfect way to de-stress after work and anchor your week with a deeply nourishing spiritual practice.

Day: Tuesday Time: 6:00 – 7:15 p.m.

Dates: 9/26 – 12/19 (12 wks)- no class 10/31

Place: YogaSpace, 777 Federal Rd.

Instructor: Miriam Zernis Fee: \$144.00



### Gentle Yoga with Laurie

Start your day with a gentle yoga practice that will awaken your body, calm your mind, lift your spirits and charge your day with positive energy! Certified instructor,

Laurie Mayper skillfully & lovingly guides this morning practice that's appropriate for students of all ages and stages, including seniors and those that are new to yoga.

Day: Friday Time: 10:30 a.m.– 12:00 p.m.

Dates: 9/29 – 12/22 (12 wks) – no class 11/10

Fee: \$144.00 Place: YogaSpace, 777 Federal Rd.

Instructor: Laurie Mayper

### Yoga-Pilates Fusion with Laurie

The best of both worlds! Pilates is an exercise method focusing on strengthening the core muscles: abdominals, buttocks, and low back. Yoga is a practice that develops strength, flexibility, and balance, as well as cultivating mental focus, stress relief, and relaxation. Combine the two for a complete workout of body, mind, and spirit. Class includes warm-up, standing and seated poses, core-strengthening exercises, stretches lying on the mat, and a brief relaxation at the end.

Day: Friday Time: 12:15 – 1:30 p.m.

Dates: 9/29 – 12/22 (12 wks)- no class 11/10

Fee: \$144.00 Place: YogaSpace, 777 Federal Rd.

Instructor: Laurie Mayper

New ~ Tweens & Teen Yoga for students ages 12-18.

See page 18 for more information.

## Adult Fitness - Ice Skating, Tennis, Golf



### Learn to Ice Skate for Adults

Included is a free skating pass so that participants may practice at no charge during any public skating session for the seven-week duration of the program, as well as skate rentals

if needed. We are currently offering Skate levels 1 and 2 at the same day and time, with different instructors.

Skate 1: Entry level class for those with little or no experience on the ice. Skaters will learn the proper way to fall down and get up as well as marching and gliding across the ice. They will also be introduced to forward swizzles, backward wiggles and stops.

Skate 2: This class is for graduates of Skate 1 or for those skaters who have skating experience but not formal lessons. Skaters must be able to skate and glide on their own. They will learn 2-foot and 1-foot glides, forward and backward swizzles, alternating forward ½ swizzles and snowplow stops.

Day: Thursday Time: 5:45 – 6:15 p.m.

Dates: 11/2 – 12/21(7 wks)-no class 11/23 Fee: \$112.00

Place: Danbury Ice Arena, 1 Independence Way

### Adult Beginner Tennis Lessons

Beginning group lessons for adults to learn the basic skills & etiquette of tennis. Rackets and tennis balls are provided.

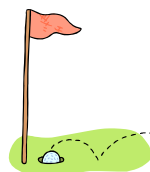
In case of rain, lessons will be made up on 10/21 and 10/28.

Day: Saturday Time: 8:00 - 9:00 a.m.

Dates: 9/23 – 10/14(4 classes) Fee: \$39.00

Place: Brookfield High Tennis Courts

Instructor: Rick Garofalo



### Adult Golf Lessons

Open to golfers of all skill levels, these classes are intended to provide students with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The classes are ideal for both beginners who have

never played before and for more experienced players who want to improve one or all aspects of their game.

We now offer four sessions instead of the previous three, which allows golfers to learn more about the game and its fundamentals. It also allows for more time for individualized instruction and practice. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons

Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5-iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$100.00 for any one month of four classes. Classes meet 6:00–7:00 p.m.

October: 10/3, 10/10, 10/17, 10/24 (Tuesdays)

November: 11/6, 11/13, 11/20, 11/27 (Mondays)

December: 12/7, 12/14, 12/21, 12/28 (Thursdays)

## Adult Fitness – Dance

### Ballroom and Latin Mix for Singles

We've had so many requests for this class! No need to be part of a couple (or have your other half with you) in order to participate. Join other people like yourself who want to learn ballroom and latin dances. Emphasis will be placed on mastering each step before moving on to new dances.

Day: Tuesday Time: 6:00 – 6:45 p.m.

Place: WMS- Cafeteria Fee: \$63.00/person

Dates: 10/3 – 12/19 (9 wks)-no class 11/7, 11/28, 12/12

### Ballroom Dance for Social Occasions

Do you have a wedding, anniversary party or class reunion in your future? Would you love to wow your friends and family with some new moves on the dance floor? Couples and individuals will learn the social fox trot, waltz, and tango. Emphasis will be placed on mastering each step before moving on to new dances.

Day: Tuesday Time: 6:45 – 7:30 p.m.

Place: WMS- Cafeteria Fee: \$63.00/person

Dates: 10/3 – 12/19 (9 wks)-no class 11/7, 11/28, 12/12



*For all of our dance classes, ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers.*

*Galina Andracchio is our talented instructor. Galina is a former Russian competitor in ballroom dance who now coaches students ranging from beginners to competitors. Even though dances are reviewed repeatedly, students are expected to practice on their own between classes as well.*

### Ballroom & Latin International Style

Couples and individuals will be introduced to the vienesse waltz, quickstep, paso double, and jive. The quick step is a quick version of the fox trot mixed with the Charleston and a musical jazz influence. The paso double is a Spanish dance of the matador that is based on flamenco dancing. Jive is a very fast dance that was made popular during WWII by swing music.

Day: Tuesday Time: 8:15 – 9:00 p.m.

Place: WMS- Cafeteria Fee: \$63.00/person

Dates: 10/3 – 12/19 (9 wks)-no class 11/7, 11/28, 12/12



### Latin Dance

Come and learn the cha-cha, rumba, and samba. During the 1950's the cha-cha was made famous by many Latin bands, and is found in much of today's popular music. Unlike other Latin dances that are stationary, the samba travels around the floor. The rumba is Cuban in origin and is often

referred to as the "dance of love".

Day: Tuesday Time: 7:30 – 8:15 p.m.

Place: WMS- Cafeteria Fee: \$63.00/person

Dates: 10/3 – 12/19 (9 wks)-no class 11/7, 11/28, 12/12

## Adult Fitness – Dance, Self-Defense

### New~ Square Dancing

Join members of the Mad Hatters Square Dance Club for six weeks of square dancing instruction and fun. Caller Derek Page and experienced dancers will help you master the basics this life-long sport. So come on out, get some exercise and meet some nice people. No experience is necessary, just wear or bring soft-soled shoes.

Day: Thursday Time: 7:00 – 9:00 p.m.

Place: Center School Gym Fee: \$49.00

Dates: 10/5 – 11/16 (6 wks)-no class 10/26

### New~ Self Defense & Awareness Seminar

Teens and adults will learn basic through advanced self-defense techniques. Learn how to understand the mind-set of an attacker and how to escape danger without conflict. There is no charge for this program, however pre-registration is required by calling Parks & Rec. at 775-7310.

Day: Saturday Date: 10/14

Time: 11:30 a.m.– 1:30 p.m. Fee: Free

Place: Zandri's Martial Arts, 265 Federal Road

## Adult Fitness - Open Gyms



**Open Basketball** Ongoing Monday night open play for Brookfield residents and their guests age 18 and over. Purchase a season pass for \$50.00 or pay \$5.00 nightly at the door.

Passes will not be sold after 12/18/06 and no credit for nightly passes will be given. Program canceled on days when school is not in session or dismisses early.

Days: Monday Time: 7:30 – 9:30 p.m.

Dates: 11/6/06- 4/9/07 Place: BHS Gym

Fee: \$5.00/night or \$50.00/season pass

### Open Volleyball

Ongoing Wednesday night open play for adults 18 and over. Purchase a season pass for \$50.00 or pay \$5 nightly at the door. Passes will not be sold after 12/20/06 and no credit for nightly passes will be given. Open gym is canceled on days when school is not in session or dismisses early.

Days: Wednesday Time: 7:30 – 9:00 p.m.

Dates: 11/1/06 – 4/11/07 Place: WMS Gym

Fee: \$5.00/night or \$50.00/season pass

**Indoor Soccer** Tuesday night open play for Brookfield residents and their guests age 18 and over. Purchase a season pass for \$45.00 or pay \$5 nightly at the door. Open gym is canceled on days when school is not in session or dismisses early.

Days: Tuesday Time: 7:30 – 9:00 p.m.

Dates: 1/9/07 – 3/27/07 Place: WMS Gym

Fee: \$5.00/night or \$45.00/season pass

## Tots Activities



### Singing and Signing

Did you know that babies start signing between the ages of 7 and 10 months old? It's been proven that babies who sign; speak earlier than non-signers, experience less

frustration, develop larger vocabularies, become better readers and have IQ's that are at least 10-12 points higher than their peers. Ms. Janine is a pioneer when it comes to signing with infants through school age children. It's been her passion for over 10 years! Teaching signs to your little ones is the new craze. Join Ms. Janine and see how fun and easy it is to learn through the magic of children's music. Class size is limited to 15 children. This program is appropriate for infants through children age five. If you have two or more children attending, we are pleased to offer you \$6.00 off each child's registration.

Day: Wednesday Instructor: Janine Lamendola  
Time: 2:00 – 2:45 p.m.  
Session 1: 9/27, 10/4, 10/11, 10/25 (4 wks)  
Session 2: 11/1, 11/8, 11/15, 12/6 (4wks)  
Place: Congregational Church, Fellowship Hall  
Fee: \$36.00/session



### Jumpin' Beans

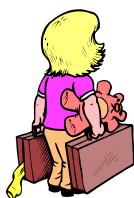
Children will increase socialization skills and coordination through musical games with their parent and other children 18 - 24 months old. Please bring a snack.

Instructor: Donna Korb Fee: \$39.00/session  
Day: Wednesday Time: 9:30 – 10:15 a.m.  
Place: Congregational Church, Fellowship Hall  
Session 1: 9/27, 10/4, 10/11, 10/25, 11/1 (5 classes)  
Session 2: 11/8, 11/15, 12/6, 12/13, 12/20 (5 classes)

### Two Good to be True

Children ages 2 - 3 and parent or caregiver will meet for songs, games, and arts & crafts. Please bring a snack. Since demand has been so great for this program, we have created two time slots. Please specify time and session when registering.

Instructor: Donna Korb Fee: \$45.00/session  
Day: Wednesday Time: 10:15 – 11:15 a.m.  
Day: Wednesday Time: 11:15 a.m. – 12:15 p.m.  
Place: Congregational Church, Fellowship Hall  
Session 1: 9/27, 10/4, 10/11, 10/25, 11/1 (5 classes)  
Session 2: 11/8, 11/15, 12/6, 12/13, 12/20 (5 classes)



### Explorers

Children ages 3 ½ - 5 will meet for games and a variety of activities including story-telling, mini-puppet shows, no-cook foods, and arts & crafts. Please bring a snack and a smock. Please note that children must be potty trained to attend. Class size limited to 12.

Instructor: Donna Korb Fee: \$68.00/session  
Day: Wednesday Time: 12:15 - 1:45 p.m.  
Place: Congregational Church, Fellowship Hall  
Session 1: 9/27, 10/4, 10/11, 10/25, 11/1 (5 classes)  
Session 2: 11/8, 11/15, 12/6, 12/13, 12/20 (5 classes)

## Tots Activities, continued



### French for Fours and Fives

Madame Minier, a native French speaker with twenty years experience teaching, has a magical way of inspiring children. Using music, poetry, memory games, colorful craft projects and vocabulary building exercises, she stimulates all of the child's senses and makes learning fun. Children ages 4 and 5 will learn basic greetings, the alphabet, counting, colors and lots of vocabulary.

Day: Monday Time: 1:00 - 1:45 p.m.  
Dates: 10/16 – 12/4 (8 wks) Fee: \$64.00  
Instructor: Margee Minier  
Place: Newbury Congregational Church, 126 Tower Rd

### Tumbling Tots

Back by popular demand! Children ages 3 – 5 will be introduced to tumbling.

Day: Friday Time: 10:00 – 11:00 a.m.  
Session 1: 10/6, 10/13, 10/20, 11/3 (4 wks)  
Session 2: 11/17, 12/8, 12/15, 12/22 (4 wks)  
Place: Olympia Gymnastics Fee: \$60.00/session  
Instructor: Lisa Visnovec

### Pre-Ballet and Creative Movement



Children will explore the many ways their bodies can move, and use their imaginations for self-expression in this class for ages 3 - 5. There will be an open class performance

for parents at the last class. Children should wear ballet slippers, and leotards are preferred.

Day: Friday Fee: \$37.00  
Place: Center School Cafeteria Instructor: Holly Gundolfi  
Dates: 9/22, 10/6, 10/13, 10/20, 11/3, 11/17 (6 wks)  
Session 1: 4:15 – 5:00 p.m.  
Session 2: 5:00 – 5:45 p.m.

### Wee Crafters

Children ages 3 - 5 will improve their fine motor skills and express their creativity while making crafts. A variety of materials will be used and special projects created with fall and holiday themes.

Day: Tuesday  
Session 1: 10/3, 10/10, 10/17, 10/24 (4 wks)  
Session 2: 11/14, 11/21, 12/5, 12/12 (4 wks)  
Time: 4:15 – 5:15 p.m. Place: Center School Art Rm.  
Instructor: Cathy Westervelt Fee: \$38.00 /session



### New ~ Lil' Chefs

Children ages 3 and 4 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement. Please make us aware of any food allergies

before the first class.

Day: Thursday Time: 4:15 – 5:15 p.m.  
Session 1: 10/5 – 10/26 (4 wks) Place: CES Preschool Rm.  
Session 2: 11/9 – 12/14 (4 wks) - no class 11/23, 11/30  
Instructor: Cathy Westervelt Fee: \$39.00/session



## Tots Activities, continued

### New ~ Magical Storybook Theater



This is a magical place for children ages 4-6 to be as we make a different beloved story come alive each week by first reading the story then creating the props and costumes needed and acting out the story for the camera. We conclude each class by "sharing" our

performance with our families as we watch our performance video together. Primary creative theater games will round out this wonderful program for our budding actors.

Day: Friday Time 3:15 - 4:15 p.m.  
 Dates: 10/6 – 12/1 (6 wks)-no class 10/27, 11/10, 11/24  
 Instructor: Rachel Barton Place: CES Gym  
 Fee: \$45.00

### Theme Weeks

Preschool children ages 2-4 (with parent or caregiver) will meet for a variety of stories, crafts, games, and music all relating to the following themes:

September: 9/18 and 9/25 Fabulous Fall  
October: 10/23 and 10/30 Halloween  
November: 11/13 and 11/20 Thanksgiving  
December: 12/11 and 12/18 Happy Holidays

Day: Monday Time: 10:00 – 11:00 a.m.  
 Instructor: Donna Korb Fee: \$18.00/month  
 Place: Newbury Congregational Church, 126 Tower Rd



### Learn to Ice Skate for Tots

Preschoolers age 3 ½ and older will enjoy this program which incorporates creative play and interactive learning games to teach skills. This program (Tot 1) is designed for children who have never skated. They will learn the proper way to fall and get up, as well as marching in place and across the ice. Included is a free skating pass so that participants may practice at no charge during any public skating session for the seven-week duration of the program, as well as skate rentals if needed. Helmets and gloves or mittens are also required.

Session 1: Tuesday, 10/31 – 12/19, 4:00- 4:30 p.m.  
 Session 2: Wednesday, 11/1 – 12/20, 4:00 – 4:30 p.m.  
 Session 3: Friday, 11/3 – 12/22, 10:00 – 10:30 a.m.  
 Place: Danbury Ice Arena, 1 Independence Way  
 Fee: \$112.00/session

## Center After School

### New ~ Fall Lacrosse Clinic

Children in grades K - 2 will practice the basic skills needed to play Lacrosse. Using soft balls and sticks suitable for beginners, participants will practice passing, catching, ground balls, and shooting. Relay races,

sharks & minnows and mini game play will add to their learning and fun. Each participant will receive a Mini Brine E3 Stick and t-shirt. Please have your child wear sneakers, dress comfortably for outdoor play and bring a water bottle.

Day: Sunday Time: 2:00 - 3:30 p.m.  
 Dates: 9/24 - 10/29 (6 wks) -rain date if needed 11/5  
 Instructors: Mike Gallop, Kevin Madden (Brookfield LAX Club)  
 Place: Cadigan Park softball field (outfield area)  
 Fee: \$47.00

## Center After School, continued

### Pee-Wee Tennis

Children in grades K and 1 will learn hand/eye coordination, basic strokes and elementary ball handling in this beginning tennis clinic. Rackets and tennis balls are provided. In case of rain, lessons will be made up on 10/21 and 10/28.

Day: Saturday Time: 9:00 – 10:00 a.m.  
 Dates: 9/23 – 10/14 (4 classes) Fee: \$39.00  
 Place: Brookfield High Tennis Courts  
 Instructor: Rick Garofalo



### Sports Celebrated!

Exercise and fun are the key elements of this class. Children in grades K and 1 will develop basic skills in several indoor games and sports.

Day: Tuesday Time: 3:15 - 4:15 p.m.  
 Dates 10/3 – 12/12(8 wks) – no class 10/31, 11/7, 11/28  
 Place: Center School - Gym  
 Instructor: Allison Gianazza Fee: \$40.00

### Get into the Kitchen

Children in grades K and 1 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement. Recipes will usually be duplicated in both the Monday and Thursday classes. Both days meet in the Center School Pre-School Room, 3:15 – 4:15 p.m.

Day: Monday  
 Session 1: 10/16 – 11/6 (4 wks)  
 Session 2: 11/20 – 12/11(4 wks)  
 Instructor: Allison Gianazza Fee: \$39.00/session  
 Day: Thursday  
 Session 1: 10/5 – 10/26 (4 wks)  
 Session 2: 11/9 – 12/14 (4 wks) - no class 11/23, 11/30  
 Instructor: Cathy Westervelt Fee: \$39.00/session

### New~ Singing and Signing with Ms. Janine



Janine LaMendola, better known as "Ms. Janine", will now be at Center School! This is a great opportunity for your kindergartener or first grader to build up vocabulary words through song. Ms. Janine has a magical way of

combining together the hearing sounds of children's music with the visual sights of sign language. With the passion Ms. Janine has for children and sign language, it is with ease that children throughout the area are learning words and phrases in this wonderful language. To read more about Ms. Janine please visit: [www.msjanine.com](http://www.msjanine.com)

Day: Wednesday Time: 3:15 - 4:15 p.m.  
 Session 1: 9/27, 10/4, 10/11, 10/25 (4 wks)  
 Session 2: 11/1, 11/8, 11/15, 12/6 (4 wks)  
 Place: Center School-Preschool Fee: \$36.00/session

### Pillow Polo

Physical fitness, agility and coordination are the benefits from this team sport for grades K and 1. Rules of floor hockey are followed and nerf equipment is used.

Day: Wednesday Time: 3:15 - 4:15 p.m.  
 Dates: 9/27 – 11/15 (8 wks) Instructor: Allison Gianazza  
 Place: Center School - Gym Fee: \$40.00

## Center After School, continued



### Little Dragons

Students in grades K - 1 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Thursday Time 3:15 – 3:45 p.m.  
 Dates: 10/5 – 10/26 (4 wks) Fee: \$28.00  
 Instructor: Zandri's Martial Arts



### French Fantastique

Madame Minier, a native French speaker with twenty years experience teaching, has a magical way of inspiring children. Using music, poetry, memory games, colorful craft projects and vocabulary building exercises, she stimulates all of the child's senses and makes learning fun. Children in grades K and 1 will learn basic greetings, the alphabet, counting, colors and lots of vocabulary. Each student will also receive a folder full of creative activities in French.

Day: Wednesday Time: 3:15 - 4:15 p.m.  
 Dates: 9/27 – 11/15 (8 wks) Fee: \$64.00  
 Place: Center School-Library Instructor: Margee Minier

### New ~ Hip Hop

Join professional Hip Hop instructor Austin Dailey AKA Bboy Red Supreme. He has a creative approach to teaching street funk moves. Students will discover and develop their own freestyle ability. Classes will cover the foundation of break dance, popping and waving, hip hop steps, party moves, popular party line dances, and innovative dance games. Besides learning new dance skills and some history about Hip Hop, Austin's main goal is to get kids to build their self image. Only the hottest dance music is used in class, so come find the beat and get funky when moving your feet. All beginners are welcome and no experience is needed.

Day: Wednesday Dates: 12/6 – 12/20 (3 wks)  
 Session 1: Grades 2 – 4 3:50 – 4:50 p.m.  
 Session 2: Grades K and 1 4:50 – 5:50 p.m.  
 Session 3: Grades 5 - 8 5:50 – 6:50 p.m.  
 Place: HHES – Lower Gym Fee: \$33.00/session



### Introduction to Ballet and Modern

Warm-ups, floor work and inspired movement for the K/1 student who is ready for a minimal technique class combined with the freedom of modern dance. Balance, grace and skills such as jumping and leaping will be presented in a ballet context. Children should wear ballet slippers, and leotards are preferred. (They are able to change before class begins.) There will be an open class performance for parents at the last class.

Day: Friday Time: 3:15 – 4:15 p.m.  
 Instructor: Holly Gundolfi Fee: \$37.00  
 Dates: 9/22, 10/6, 10/13, 10/20, 11/3, 11/17 (6 wks)  
 Place: Center School Cafeteria

## Center After School, continued

### New ~ Magical Storybook Theater



This is a magical place for children ages 4-6 to be as we make a different beloved story come alive each week by first reading the story then creating the props and costumes needed and acting out the story for the camera. We conclude each class by "sharing" our

performance with our families as we watch our performance video together. Primary creative theater games will round out this wonderful program for our budding actors.

Day: Friday Time 3:15 - 4:15 p.m.  
 Dates: 10/6 – 12/1 (6 wks)-no class 10/27, 11/10, 11/24  
 Instructor: Rachel Barton Place: Center School Gym  
 Fee: \$45.00

### Crafty Kids

Children in grades K and 1 will improve their fine motor skills and express their creativity while making crafts. A variety of materials will be used and special projects created with fall and Halloween themes in the first session, and Thanksgiving and holiday themes in the second session.

Day: Tuesday  
 Session 1: 10/3, 10/10, 10/17, 10/24 (4 wks)  
 Session 2: 11/14, 11/21, 12/5, 12/12 (4 wks)  
 Time: 3:15 – 4:15 p.m. Place: Center School Art Rm.  
 Instructor: Cathy Westervelt Fee: \$38.00 /session



*We are working on a new program, "Learn Spanish" for Grades K and 1. Please watch for a flyer coming home through the schools in September with more information.*

## Huckleberry After School

### New ~ Fall Lacrosse Clinic

Children in grades K - 2 will practice the basic skills needed to play Lacrosse. Using soft balls and sticks suitable for beginners, participants will practice passing, catching, ground balls, and shooting. Relay races, sharks & minnows and mini game play will add to their learning and fun. Each participant will receive a Mini Brine E3 Stick and t-shirt. Please have your child wear sneakers, dress comfortably for outdoor play and bring a water bottle.

Day: Sunday Time: 2:00 - 3:30 p.m.  
 Dates: 9/24 - 10/29 (6 wks) -rain date if needed 11/5  
 Instructors: Mike Gallop, Kevin Madden (Brookfield LAX Club)  
 Place: Cadigan Park softball field (outfield area)  
 Fee: \$47.00



### Bowling

Each class features two games of bumper bowling for students in grades 2 - 4. Bus transportation is provided from Huckleberry Hill School to Brookfield Lanes by school bus. When sending in a note each week to

the school, please include that your child is attending bowling on bus #1. Pick-up is at Brookfield Lanes.

Day: Thursday Time: 3:50 - 5:30 p.m.  
 Session 1: 9/28, 10/5, 10/12, 10/19 (4 wks)  
 Session 2: 10/26, 11/2, 11/9, 11/16 (4 wks)  
 Instructor: Dave Miller Place: Brookfield Lanes  
 Fee: \$48.00/session



## Martial Arts for Beginners

Students in grades 2 - 4 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your

teacher, coordination, self discipline, self control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Friday

Dates: 10/6 – 11/3 (4 wks) – no class 10/27

Time: 3:50 – 4:35 p.m.

Instructor: Zandri's Martial Arts Fee: \$28.00

Place: Huckleberry Hill School – Lower Gym

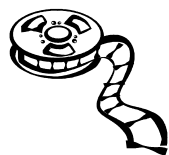
## New~ Martial Arts Basics for Better Grades

Learn the basics of martial arts and how it can help children improve their grades in school. Martial Arts concepts are used to build better self-discipline, improve motivation, and understand the importance of being goal oriented. This program is free for children ages 5-12; however pre-registration is required by calling Parks & Rec. at 775-7310.

Day: Saturday Time: 11:30 a.m. – 12:30 p.m.

Date: 10/7 Fee: Free

Place: Zandri's Martial Arts, 246 Federal Road



## Digital Multimedia Moviemaker

Lights, Camera, Action! The paleontologists are called upon to examine what can be the greatest find of the century. They are packing

up their gears on their way to the dig site right now. The Digital Multimedia Moviemaker will introduce children in grades 2-4 to the world of digital photography - they become actors, directors, editors of their own movie productions. A documentary movie will be made of the paleontologists' adventure and put on a CD for the children to take home. Class is limited to 12 students.

Day: Monday Time: 3:50 - 5:20 p.m.

Dates: 10/16, 10/23, 10/30, 11/06, 11/13 (5 wks)

Place: HHES - Rm

Instructor: Computer Explorers Fee: \$98.00

## Basic Drawing and Watercolor



Students in grades 2 – 4 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be

successful at their ability level, culminating with the completion of a painting. Please ask for a materials list when registering. (Materials cost is approximately \$40.00). Bring a snack and a drink each week.

Day: Tuesday Time: 3:50 – 5:20 p.m.

Dates: 9/26 – 12/5 (8 wks)-no class 10/31, 11/7, 11/28

Place: Huckleberry Hill Rm 201 Fee: \$85.00

Instructor: Victoria Lange

## New ~ Hip Hop

Join professional Hip Hop instructor Austin Dailey AKA Bboy Red Supreme. He has a creative approach to teaching street funk moves. Students will discover and develop their own freestyle ability. Classes will cover the foundation of break dance, popping and waving, hip hop steps, party moves, popular party line dances, and innovative dance games. Besides learning new dance skills and some history about Hip Hop, Austin's main goal is to get kids to build their self image. Only the hottest dance music is used in class, so come find the beat and get funky when moving your feet. All beginners are welcome and no experience is needed.

Day: Wednesday Dates: 12/6 – 12/20(3 wks)

Session 1: Grades 2 – 4 3:50 – 4:50 p.m.

Session 2: Grades K and 1 4:50 – 5:50 p.m.

Session 3: Grades 5 - 8 5:50 – 6:50 p.m.

Place: HHES – Lower Gym Fee: \$33.00/session



## Young Actors Take the Stage

A truly entertaining experience for young actors ages 7-9 as we explore the acting basics through fun and imaginative theater games. Students will develop confidence, poise, self-esteem, concentration, as well as communication and listening skills in this truly creative experience. Different forms of acting such as mime, improvisations, and stage performance will be covered as well as developing skills in vocal projection, stage movement, awareness, trust, and interaction with others. A short staged play will be presented at the conclusion of this course for parents and friends.

*Applause for our rising stars!*

Day: Wednesday Time: 5:00 – 6:00 p.m.

Dates: 9/27 – 11/1 (6 wks) Fee: \$45.00

Instructor: Rachel Barton Place: WMS Cafe/Stage

## New~ Singing and Signing with Ms. Janine

Singing & Signing with Ms. Janine has now grown up! Attention Huckleberry Hill School students! See what this entertainer has in store for you while you learn American Sign Language words and phrases through age appropriate songs. Ms. Janine is a Deaf Studies major from NWCCC in Winsted, CT. To read more about Ms. Janine please visit:

[www.msjanine.com](http://www.msjanine.com)

Day: Thursday Time: 3:50 - 4:50 p.m.

Session 1: 9/28, 10/5, 10/12, 10/19 (4 wks)

Session 2: 10/26, 11/2, 11/9, 11/16 (4wks)

Place: HHES- Music Room Fee: \$36.00/session



## Junior Floor Hockey

Students in grades 2 - 4 will learn the basic rules of floor hockey and participate in games. All students are asked to bring their own goggles.

Session 1: Thursday, 9/28 – 11/16 (8 wks)

Session 2: Tuesday, 9/26–12/5 (8 wks)-no class 10/31, 11/7, 11/28

Time: 3:50 – 4:50 p.m.

Fee: \$40.00/session

Instructors: Alex Berardi or Danielle Messier

Place: HHES Lower Gym



## Youth Wrestling Program

The Brookfield Youth Wrestling Program is open to boys and girls ages 8 through 13. The program, open to those with little or no previous wrestling experience, will emphasize enhancing proper techniques, strength and conditioning skills. The program covers all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. These techniques will be shown in a sequence that makes it easy for the wrestler to understand. Staff will consist of many local coaches and current and past wrestling stand-outs. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling T-shirt.

Day: Tuesdays and Fridays

Time: Age 8-10 5:30 – 6:30 p.m. Fee: \$60.00

Age 11-13 6:45 – 8:15 p.m. Fee: \$65.00

Dates: 11/3, 11/14, 11/17, 11/21, 11/28, 12/1, 12/5, 12/8, 12/12, 12/15 (10 classes)

Place: Huckleberry Hill Lower Gym

Instructor: Josh Levine

## Learn to Ice Skate Grades 1-4



Included is a free skating pass so that participants may practice at no charge during any public skating session for the seven-week duration of the program, as well as skate rentals

if needed. We are currently offering Skate levels 1 and 2 concurrently with different instructors.

**Skate 1:** Entry level class for those with little or no experience on the ice. Skaters will learn the proper way to fall down and get up as well as marching and gliding across the ice. They will also be introduced to forward swizzles, backward wiggles and stops. **Skate 2:** This class is for graduates of Skate 1 or for those skaters who have skating experience but not formal lessons. Skaters must be able to skate and glide on their own. They will learn 2-foot and 1-foot glides, forward and backward swizzles, alternating forward ½ swizzles and snowplow stops.

Place: Danbury Ice Arena, 1 Independence Way

Session 1: Tuesday, 10/31 – 12/19, 4:00 – 4:30 p.m.

Session 2: Wednesday, 11/1 – 12/20, 4:00 – 4:30 p.m.

Fee: \$112.00/session

## Creative Kids

Students in grades 2 - 4 will improve their fine motor skills and express their creativity while making crafts. A variety of materials will be used and special projects created with fall holiday themes.

Day: Thursday Time: 3:50 - 4:50 p.m.

Session 1: 9/28, 10/5, 10/12, 10/19 (4 wks)

Session 2: 10/26, 11/2, 11/9, 11/16 (4wks)

Place: HHES- Art Room Fee: \$39.00/session

Instructor: Pam Zavarelli



We are working on two new programs for Huckleberry Hill Students, "Learn Spanish" for Grades 2 –4, and tennis lessons. Please watch for a flyer coming home through the schools in September with more information.



## French Fantastique

Madame Minier, a native French speaker with twenty years experience teaching, has a magical way of inspiring children.

Using music, poetry, memory games, colorful craft projects and vocabulary building exercises, she stimulates all of the child's senses and makes learning fun. Students in grades 2-4 will learn basic greetings, the alphabet, counting, colors and lots of vocabulary. Each student will also receive a folder full of creative activities in French.

Day: Tuesday

Time: 3:50 - 4:40 p.m.

Dates: 9/26 – 12/5 (8 wks) – no class 10/31, 11/7, 11/28

Place: HHES – Library

Fee: \$64.00

Instructor: Margee Minier

## New ~ Exploring Japanese Culture

Students in grades 2 - 4 will get a taste of Japanese culture through Bon dancing, poetry and songs, food, origami and more. They will also learn some basics of the Japanese language. Nicole Johnson is a BHS student with a passion for Japanese culture. She has been studying Japanese for the past five years, and traveled to Japan in 2005.

Day: Monday

Time: 3:50 - 4:50 p.m.

Dates: 10/16 – 12/4 (8 wks) Fee: \$48.00

Place: HHES – Room 202 Instructor: Nicole Johnson

## Whisconier After School



## Stage Performance Theater

*Curtain's Going Up* on this extremely popular course. Student actors ages 10-13 will work toward a final staged performance for parents & friends as they learn the necessary acting skills needed for a believable performance. Ms. Barton incorporates the acting techniques of master artists in theater as students develop skills in vocalization, stage movement, auditioning techniques, cold readings, monologues, characterizations, improvising, creating the scene, stage make-up, costuming, blocking, and many other aspects of a stage performance. Student actors will also develop communication and listening skills as well as a confident stage presence needed for a polished award-winning performance. *On with the show!* Please note that on the last class date, the program will meet 7:00 – 8:00 p.m. so that parents can join us for a performance.

Day: Wednesday

Time: 6:00-7:00 p.m.

Dates: 9/27 – 11/15 (8 wks)

Place: WMS Cafe/Stage

Instructor: Rachel Barton

Fee: \$60.00

## Hip-Hop

An aerobic class for teens and preteens that love to dance! A fat burning workout that makes you feels like you're in your own music video. Please note that students must provide their own transportation.

Day: Friday

Time: 3:30 – 4:30 p.m.

Dates: 10/6 – 12/22 (9 classes)- no class 10/20, 11/10, 11/24

Instructor: Gina Petriccione

Fee: \$99.00

Place: The Body Shop Fitness Club

## New ~ Acting for the Camera

What is a gaffer? What is a best boy? What is a dolly grip? What do these terms in the closing credits mean? In this new, exciting and well-received program, students ages 11-14 discover acting for the camera for television and movies and how it differs from acting for the stage. This is not only an acting class, but teaches students to explore other creative avenues such as writing a short script complete with camera shots, following the audition process, directing the actors, and finally filming the production. Students will observe their performance, directing and camera skills and receive positive feedback in class as we watch their film. A final work in progress will be viewed by parents and friends in the last class as students demonstrate their writing, acting, directing, and camera abilities. *Hollywood look out!*

Day: Wednesday Time: 7:00-8:15 p.m.  
 Dates: 9/27 – 11/8 (7 wks) Fee: \$60.00  
 Instructor: Rachel Barton Place: WMS Cafe/Stage

## Babysitting 101



This Red Cross accredited course will instruct babysitters ages 11 and up in the responsible care of children, including: basic care, safety, first aid, and first aid for breathing emergencies. All students will receive their own textbooks filled with useful

information for babysitters. Red Cross Babysitter Certification cards will be awarded upon successful completion. Please bring a lunch and drink and a pen or pencil. Classes are held at Town Hall.

Section 1: Friday, September 29 9:00 a.m. – 3:00 p.m.

Section 2: Friday, October 27 9:00 a.m. – 3:00 p.m.

Instructor: Peggy Boyle Fee: \$55.00

## Jr. Robotics-Intelligent House

LEGO Mindstorms presents students in grades 5-8 hands-on robotic activities. They will use the all-time familiar LEGO bricks to create robots by building around a mini computer which they can program using a software on the laptop. The children will be building the Intelligent House this Fall - a house that comes with all the bells and whistles: motion detectors, automatic garage door, temperature sensitive cooling system and more! Program limited to 12 students.

Day: Thursday Time: 2:30 - 4:00 p.m.

Dates: 11/2, 11/9, 11/16, 11/30, 12/07 (5 wks)

Place: WMS Room 1411

Instructor: Computer Explorers Fee: \$98.00



Think Snow! We are planning our eighth annual "Learn to/ Love to ski/snowboard program" for 5 – 8<sup>th</sup> graders on Friday nights to Mohawk Mountain in Cornwall, CT. The program will provide transportation to and from WMS, and is

tentatively scheduled to run for 5 weeks, January 5 – February 2, 2007. A detailed flyer will be sent out through WMS in early November and will be posted on our website.

## Basic Drawing and Watercolor



Students in grades 5 - 8 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their ability level, culminating with the completion of a

painting. Please ask for a materials list when registering. Materials cost is approximately \$40.00. Bring a snack and a drink each week. Late bus transportation is available from WMS after school for this program.

Day: Thursday Time: 2:30 – 4:00 p.m.

Dates: 9/28 – 11/16 (8 wks) Fee: \$85.00

Instructor: Victoria Lange Place: WMS Room 1412



## Golf Lessons for Juniors

Open to golfers of all skill levels, these classes are intended to provide students ages 8 – 15 with a solid base in the fundamentals of golf, as well as to get them prepared to play

and to enjoy the game. The classes are ideal for both

beginners who have never played before and for more

experienced players who want to improve one or all

aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons

Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5 iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$100.00 for any one month of four classes. All classes meet 4:30 – 5:30 p.m. at Golf Quest, 1 Sand Cut Road.

October: 10/4, 10/11, 10/18, 10/25 (Wednesdays)

November: 11/7, 11/14, 11/21, 11/28 (Tuesdays)

December: 12/6, 12/13, 12/20, 12/27 (Wednesdays)



## Youth Wrestling Program

The Brookfield Youth Wrestling Program is open to boys and girls ages 8 through 13.

The program, open to those with little or no previous wrestling experience, will

emphasize enhancing proper techniques, strength and conditioning skills. The program covers all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. These techniques will be shown in a sequence that makes it easy for the wrestler to understand. Led by Josh Levine, staff will consist of many local coaches and current and past wrestling stand-outs. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling T-shirt.

Day: Tuesdays and Fridays

Time: Age 8-10: 5:30 – 6:30 p.m. Fee: \$60.00

Age 11-13 6:45 – 8:15 p.m. Fee: \$65.00

Dates: 11/3, 11/14, 11/17, 11/21, 11/28, 12/1, 12/5, 12/8, 12/12, 12/15 (10 classes)

Place: Huckleberry Hill Lower Gym

## New ~ Hip Hop

Join professional Hip Hop instructor Austin Dailey AKA Bboy Red Supreme. He has a creative approach to teaching street funk moves. Students will discover and develop their own freestyle ability. Classes will cover the foundation of break dance, popping and waving, hip hop steps, party moves, popular party line dances, and innovative dance games. Besides learning new dance skills and some history about Hip Hop, Austin's main goal is to get kids to build their self image. Only the hottest dance music is used in class, so come find the beat and get funky when moving your feet. All beginners are welcome and no experience is needed.

Day: Wednesday Dates: 12/6 – 12/20(3 wks)  
Session 3: Grades 5 - 8 5:50 – 6:50 p.m.  
Place: HHES – Lower Gym Fee: \$33.00/session



## Digital Photography

Come join us and capture the moment! What better way to capture the world than through a digital camera lens, using WMS

grounds as our canvas. Students will learn how to operate a Sony Mavica digital camera, which we will provide, and learn picture effects such as color, black & white, sepia tone and more. Students will learn the techniques of composing and image by the use of light and subject placement. The technique of formal portraiture will be presented by the use of videos, image printouts and slideshows. All students' work will be transferred to the computer for critique and the basics of Adobe Photoshop will be covered. Students are welcome to bring their own digital cameras if they have one.

Session 1: Mondays, 10/16 – 12/4(8 wks)  
Session 2: Tues., 9/26 – 12/5 (8 wks)- no class 10/31, 11/7, 11/28  
Time: 2:30 – 4:00 p.m. Place: WMS Room 1206  
Instructor: Penny Brennan Fee: \$80.00/session



## New~ Tweens & Teen Yoga

A Class for 12-18 year olds. Teens who think yoga is too sissy will find this lively class with upbeat music a nice combination of physical challenge, stress relief, relaxation and fun.

Yoga practice benefits today's busy adolescents just as it would any other person allowing them to de-stress and center themselves. It's an inspiring way to cultivate confidence, improve focus, increase body awareness, and create a positive body image. Chill out with other teens in this ancient Indian art of self-discipline and development. Plus...yoga is cool. No yoga experience is necessary. All levels welcome. Wear loose or stretchy clothing.

Day: Wednesdays Time: 4:00 – 5:00 p.m.  
Dates: 9/27 – 11/1 (6 wks) Fee: \$72.00  
Instructor: Karen Pierce Place: YogaSpace



*We are working on tennis lessons for Whisconier students. Please watch for a flyer coming home through the schools in September with more information.*

**All basketball programs are canceled on 12/30/06 and 2/17/07. Any additional cancellations will be made up at the end of the program.**

## Biddy Basketball



This educational league is divided into divisions by grade level: A for boys in grades 2 & 3, B for boys in grades 4 & 5, and G for girls in grades 2 – 3 and 4 - 5.

Following an evaluation clinic, participants will be placed on teams and compete against other teams in their division, followed by a week or two of playoffs. There will also be open gyms and practices scheduled during weekday evenings. More specific information will be available in December.

Supervisor: Fern Smenyak Fee: \$70.00  
Dates: 12/2 – 2/24 (11 weeks) Day: Saturday

### Boys Grades 2 – 3 (Biddy A)

Time: 9:00 – 11:00 a.m. on 12/2. Will play for 1½ hours between 8:00 – 11:00 a.m. starting 12/9. Meet at Huckleberry Hill School Upper Gym.

### Boys Grades 4 – 5 (Biddy B)

Time: 3:30 – 5:00 p.m. at Brookfield High School

### Girls Grades 2 – 3 (Biddy G 2-3)

Time: 12:00 – 1:30 p.m. at Huckleberry Hill

### Girls Grades 4 – 5 (Biddy G 4-5)

Time: 2:00 – 3:30 p.m. at Brookfield High

## Girls' Basketball

An evaluation clinic for girls in grades 6 - 9 will be held on December 2, and will be followed by 10 weeks of league play. Teams will play in one game each Saturday, and also have Saturday practice.

Dates: 12/2 – 3/10 (11 weeks)-no 1/6, 1/13  
Day: Saturday Fee: \$70.00  
Time: 1:30 – 3:00 p.m. Place: HHES–U.Gym

## Boys' Basketball

An evaluation clinic for boys in grades 6 - 9 will be held on December 2. Teams will be made for grades 6 - 7, and grades 8 - 9, and league play will begin on December 9. Teams will play in one game each Saturday, and have scheduled practice time on Saturday as well.

**On 12/2, all 6 & 7 graders are to report at 9:00 a.m. until 10:30 a.m. On 12/2, all 8 & 9 graders are to report at 10:30 a.m. until 12:00 p.m.**

Dates: 12/2 – 3/10 (11 weeks)-no 1/6, 1/13  
Day: Saturday Fee: \$70.00  
Time: 8:00 a.m.- 1:00 p.m. Place: BHS



## Iddy, Biddy Basketball

Children in first grade will practice the basic skills of basketball including dribbling and passing in a fun, non-competitive atmosphere. All children will receive an iddy biddy basketball T-shirt.

Fee: \$48  
Day: Saturday Dates: 1/6 – 2/24(7 weeks)  
Time: 11:00 a.m.- 12:00 p.m. Place: HHES – U.Gym

**We are looking for adults to coach in all of our basketball programs. Please call Parks & Rec. if interested.**



## From the Director

Be on the lookout this holiday season for *Brookfield's Big Bargain Book*. As you read this, literally hundreds of businesses in Brookfield are working together to provide a deal you just cannot refuse. It is my great pleasure to introduce *Brookfield's Big Bargain Book*, a grass-roots initiative designed to enhance Brookfield's economy and improve the quality of life for the residents of Brookfield.

*Brookfield's Big Bargain Book* is based on a simple, proven concept: This annual book will be produced, packed with thousands of dollars in money-saving offers from Brookfield businesses. Each Fall, we will sell the Book to our residents for a small fee in a variety of locations to be determined including online. Not just some, but all of the net profit will be used to provide additional recreational opportunities right here in Brookfield.

The first project on our radar screen includes the replacement of our Kids Kingdom play area located at Town Hall. This play area was built in 1989 with the latest and greatest design and materials of the era and was expected to last up to 12 years. Seventeen years later, this heavily used structure is beginning to show its age, and costs real dollars to maintain. Brookfield's Big Bargain Book has the potential to deliver a truly awesome New Kids Kingdom as early as next spring.

To get your business in the book or to purchase a book, go to [www.brookfieldbook.com](http://www.brookfieldbook.com) today, and follow the simple steps online. If you have any questions, the Advisory Board of *Brookfield's Big Bargain Book* stands ready to assist. Simply email us at [info@brookfieldbook.com](mailto:info@brookfieldbook.com), or call 203-775-6172.

Your Recreation and Park staff continue to maximize the Department's limited resources by improving upon Brookfield's recreational programs and facilities.

### **"The Benefits are Endless"**

Dennis DiPinto

## Youth Employment Program

The Youth Employment Program is a non-profit program designed to assist students (12 years and older) in seeking part-time employment for after school and summer employment in our community.



The students are hired by a local resident to perform such tasks as: Babysitting, Yardwork, Housecleaning, Office Assistance, Pet Sitting, Painting, Car washing and Shoveling in the winter. The local resident pays the student for performing these tasks.



The Parks & Recreation offers a babysitting course for students throughout the year, at the end of the course many students sign-up for this program.

Students seeking employment and Residents seeking help, who are interested in participating in the Program should contact The Brookfield Parks & Recreation Office at 203-775-7310 and ask for Nina.

## Community Connection

### **ST. JOSEPH'S PARISH CARNIVAL**

St. Joe's will be holding a Carnival on Friday, Oct. 6<sup>th</sup> (6-10 PM), Saturday, Oct. 7<sup>th</sup> (1-10 PM) and Sunday, Oct. 8<sup>th</sup> (1-5 PM) on the parish grounds. The carnival is open to the entire community! With rides, food, games and more, it is sure to be a fun time for the entire family. Wrist bands will be available for rides. Parking will be available at Center School, the Historical Society, the Old Township Building and the Congregational Church (during select hours). A free shuttle will be available from the Brookfield Town Hall parking lot to St. Joe's on Friday and Saturday evenings from 6-10 PM. Hope to see you there!

## Youth Sport Contacts and Information

### **Brookfield Soccer**

**[www.eteamz.com/brookfieldsoccer](http://www.eteamz.com/brookfieldsoccer)**

Registration Hotline 775-7336  
Cancellation Hotline 775-5239

### **Brookfield Lacrosse Club Spring 2007 Registrations**

\*Registrations conducted online beginning in Oct 2006. Visit our website at [www.brookfieldlax.org](http://www.brookfieldlax.org) for more information

\*Open to Boys and Girls grades 2-8

\*We strive to maintain a safe, positive, encouraging environment with reasonable, yet challenging expectations, as well as competition commensurate with age/grade level

\*Our three goals:

- Teach the technical aspects of the game of lacrosse
- Develop a passion for the game
- Maintain a close liaison with the high school programs for those who want to go on to play at that level

\*Season begins indoors in March, and runs through June

\*Select teams available at the 5-6 and 7-8 levels depending on size of registrations

\*Membership in US Lacrosse included in registration fee

\*We are always looking for coaches! Experience coaching or playing lax is great, but not necessary.

\*Contact President Rob Bonn @ (H) 203.740.9553, (C) 203.449.8919, or at [robertbonn81@cs.com](mailto:robertbonn81@cs.com)

## Frequently Requested Phone Numbers

Boy Scouts	Ray Pflomm	775-8167
Community/Senior Center	Arleen Farrell	775-5308
State of CT DEP	Division of Boating	(860)434-8638
Conservation Commission	Alice Dew	740-2419
Garden Club	Betty Ziegler	775-2279
Girl Scouts	Lynn Ecsedy	775-0817
Lion's Club	Glen Christy	775-1195
MOMS Club of Brookfield	Sarah B.	775-6194
Newcomers P.O. Box 263	Kathy Pettit Elena Goletz	740-4461 740-7271
Rotary Club	Russ Cornelius	775-8010
Youth Employment	Nina Parks & Rec.	775-7310

